

Therapy Island

Making regular therapy sessions more immersive through VR

1



I know it is difficult for my patients to keep talking about their struggles. How do I make therapy more engaging for them?

Welcome aboard! You have been invited to this island where we go on a journey to uncover your buried emotions and understand what troubles you within.

2



Wait a minute.. I was in my office just now. How did I get transported to an island?

3

Try today's activity

4

The thought worrying you today



5

Matters much less



6

This sounds like a great idea! I am excited to take my patients to try different activities here in the island, as part of my office sessions



7

Scan this to read about the entire research of the designer who helped me!



HUMAN COMPUTER INTERACTION/DESIGN MS CAPSTONE 2022-2023

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